

TCORX
FITNESS IN MOTION

INSTRUKTION



WBX180
MULTIFIT



PLEJE OG VEDLIGEHOLDELSE

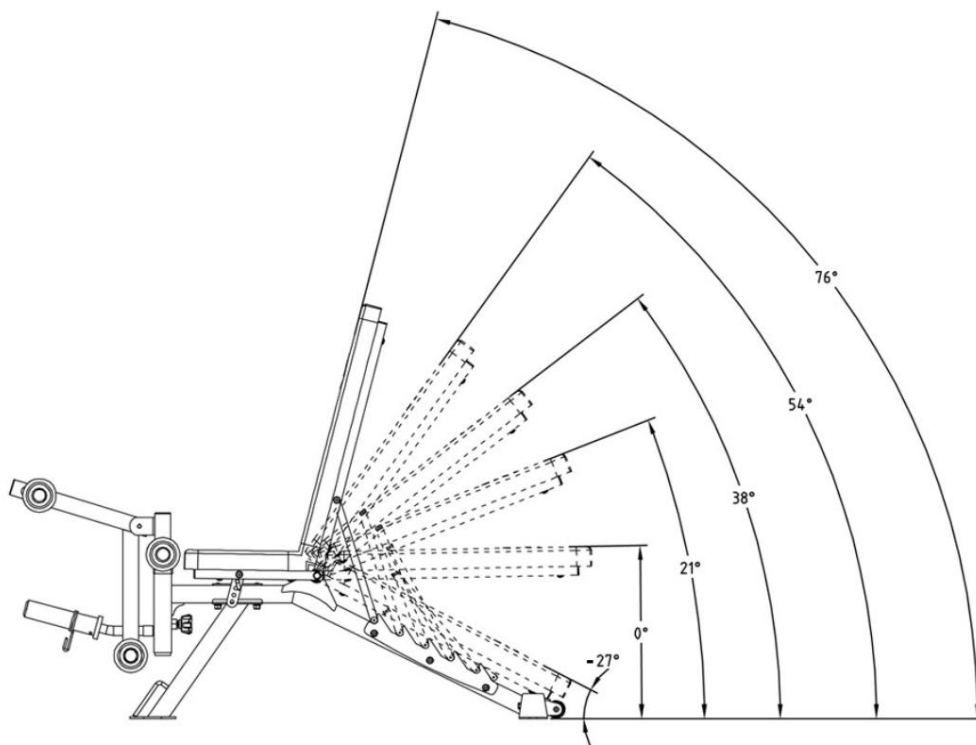
1. Smør de bevægelige dele med WD-40 eller let olie med jævne mellemrum.
2. Inspicer og spænd alle dele, før udstyret tages i brug.
3. Udstyret kan rengøres med en fugtig klud og et mildt, ikke-slibende rengøringsmiddel.
Brug IKKE opløsningsmidler.
4. Undersøg udstyret regelmæssigt for tegn på skader eller slid.
5. Udskift straks eventuelle defekte komponenter og/eller hold udstyret ude af brug, indtil reparation.
6. Manglende regelmæssig kontrol kan påvirke udstyrets sikkerhedsniveau.

VÆGTKAPACITET OG DIMENSIONER

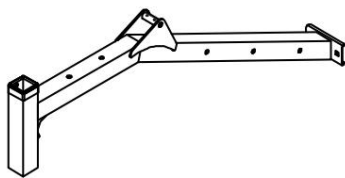
1. Maksimal brugervægt: 136 kg.
2. Maksimal vægtpacitet (inklusive brugervægt): 600 lbs.
3. Samlede mål: 154 x 59 x 112 cm

JUSTERINGSVINKLER AF RYGLÆNET

Ryglænets justeringsvinkel varierer fra -270 til 760 .



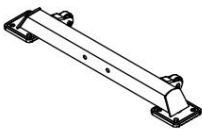
HARDWARE-PAKKE



1 × 1



2 × 1



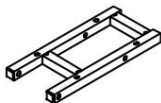
3 × 1



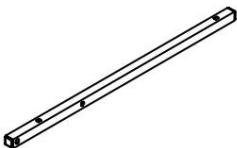
4 × 1



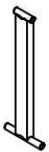
5 × 1



6 × 1



7 × 2



8 × 1



9 × 1



10 × 1



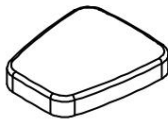
11 × 2



12 × 1



13 × 3



14 × 1



15 × 1



16 × 6



17 × 6



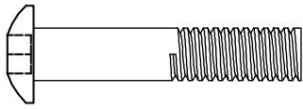
18 × 1



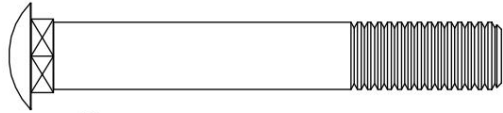
25 × 1



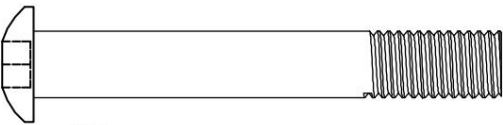
45 × 1



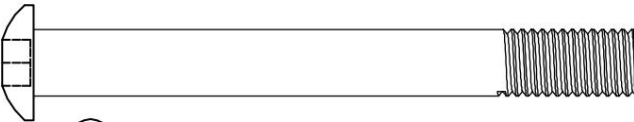
③⑦×8



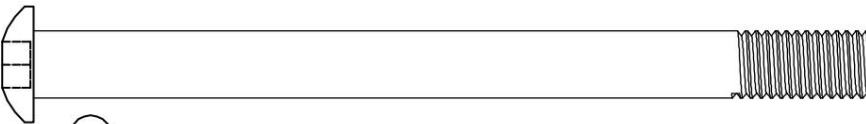
③①×4



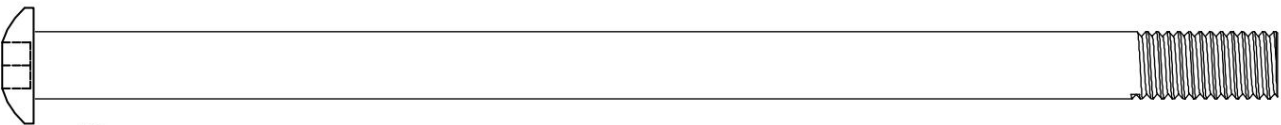
③②×3



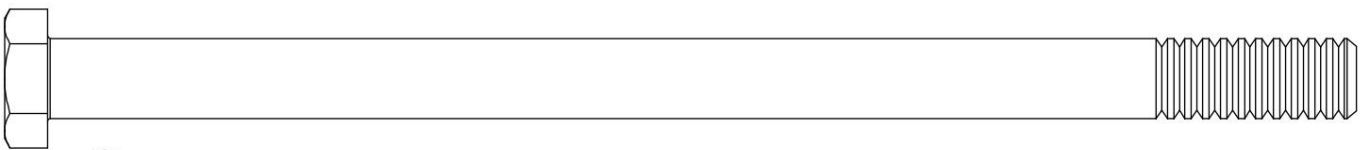
③③×1



③④×1

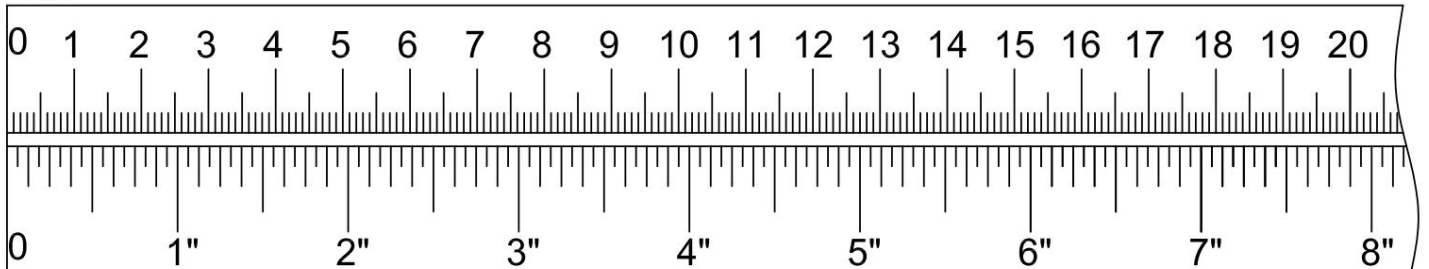


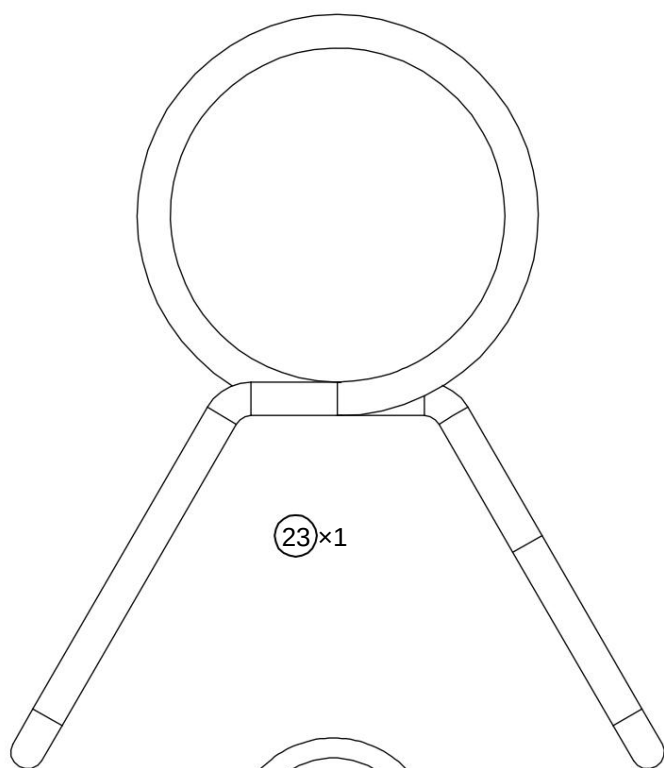
③⑤×1



③⑥×1

mm

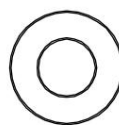
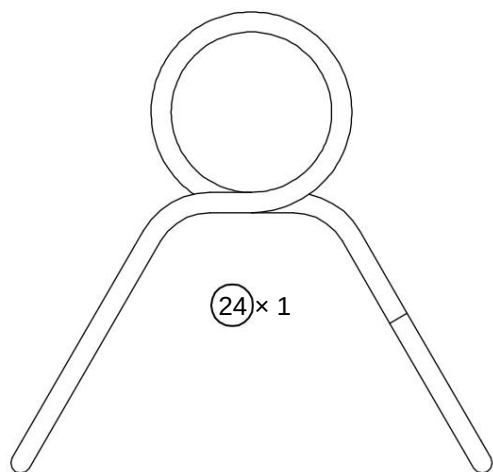




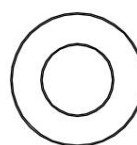
(43) x 10



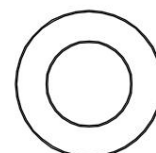
(42) x 1



(41) x 8



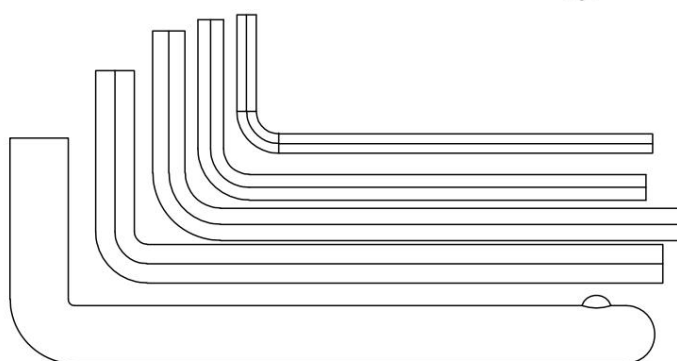
(40) x 16



(39) x 2



(49) x 2



#3 x 1

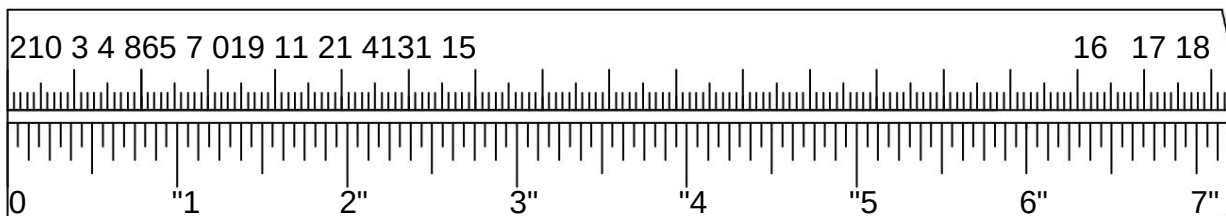
#4 x 1

#5 x 1

#6 x 1

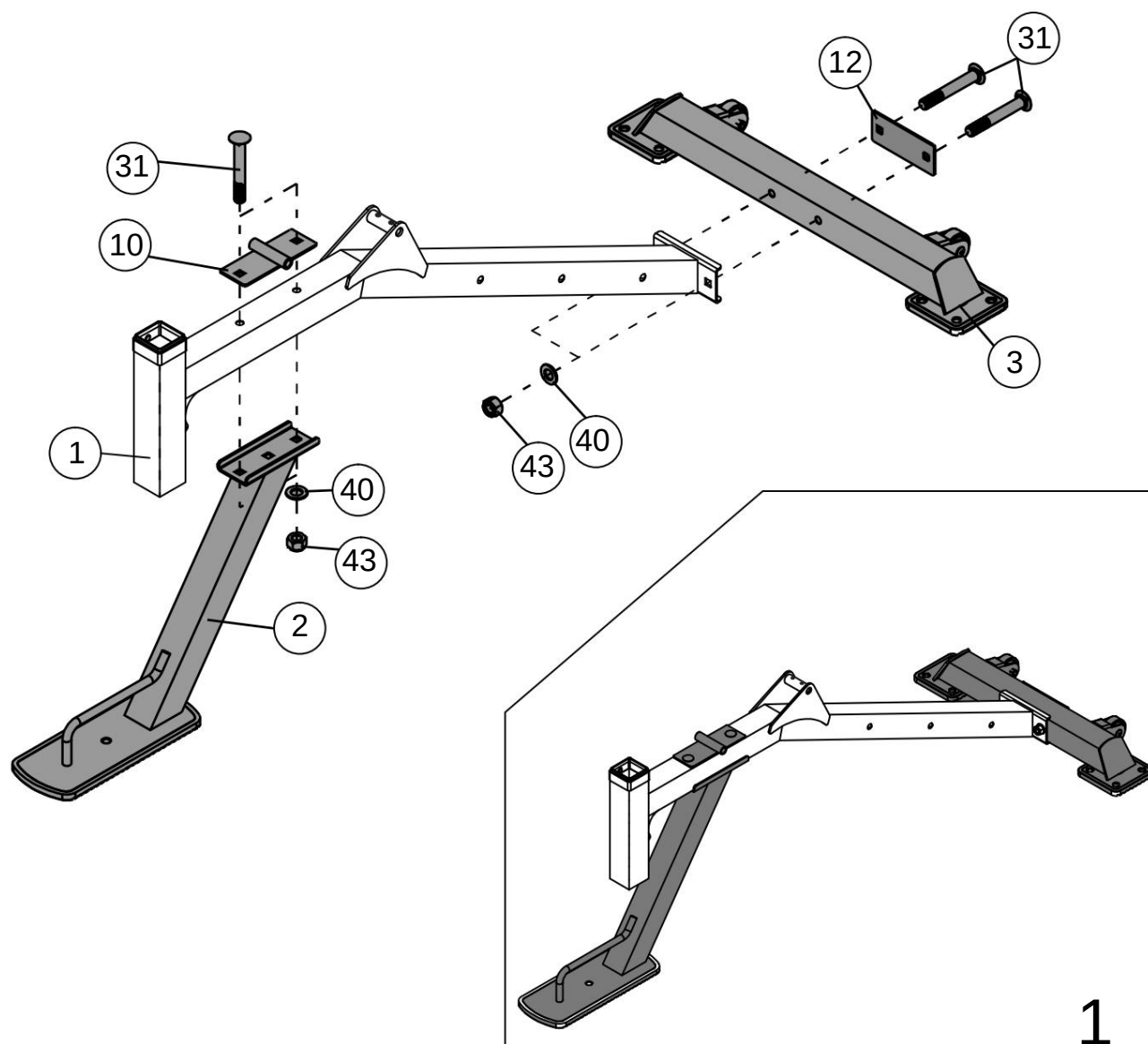
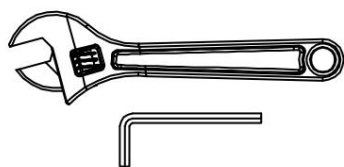
(30) x 1

OSV.



SAMLEVEJLEDNING

- 31  ×4 M10×70 mm
 40  ×4 ý20×ý10,5
- 43   ×4 M10



32  x3

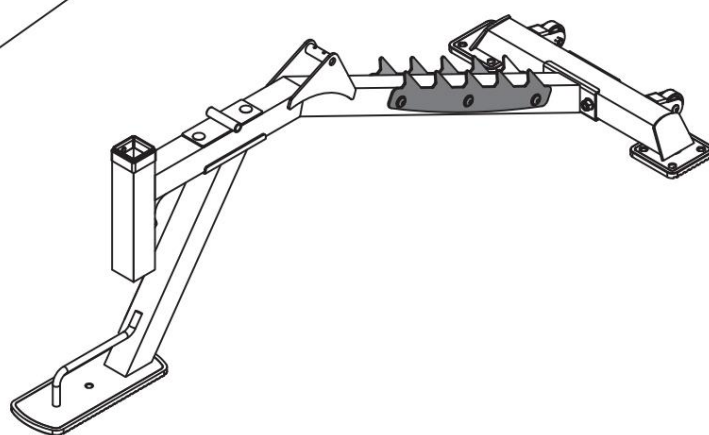
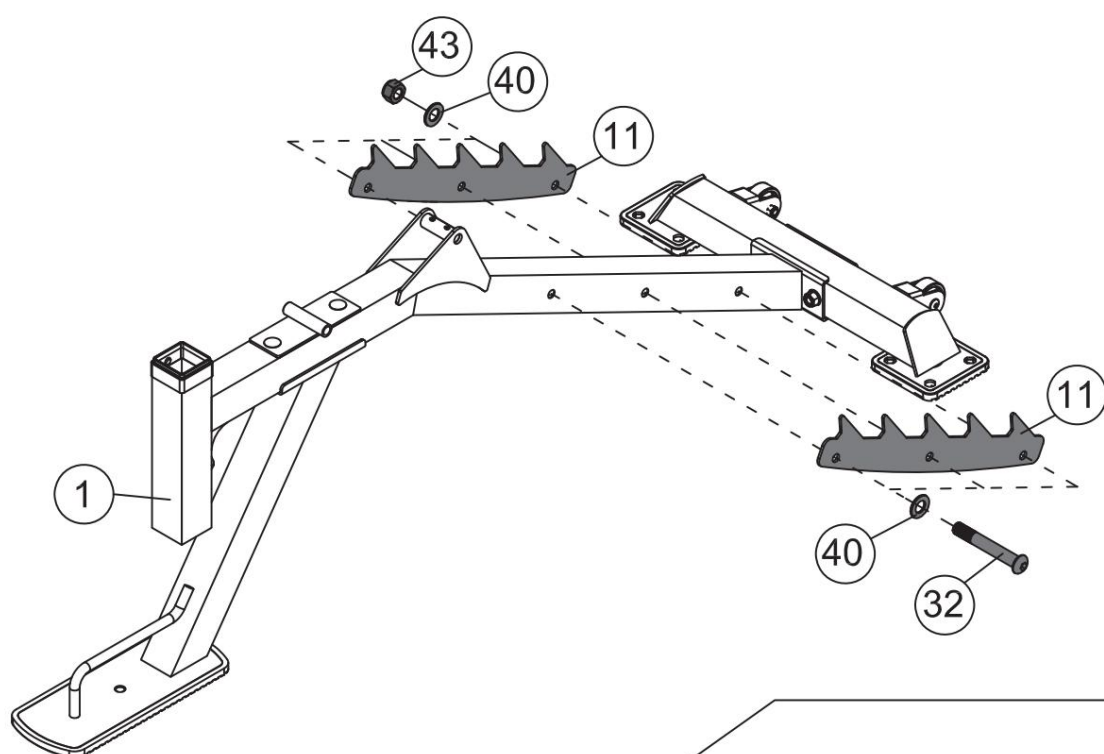
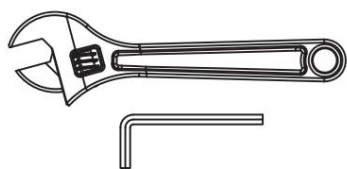
M10×70 mm

40  x6

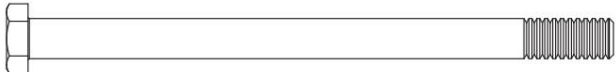
ý20×ý10,5

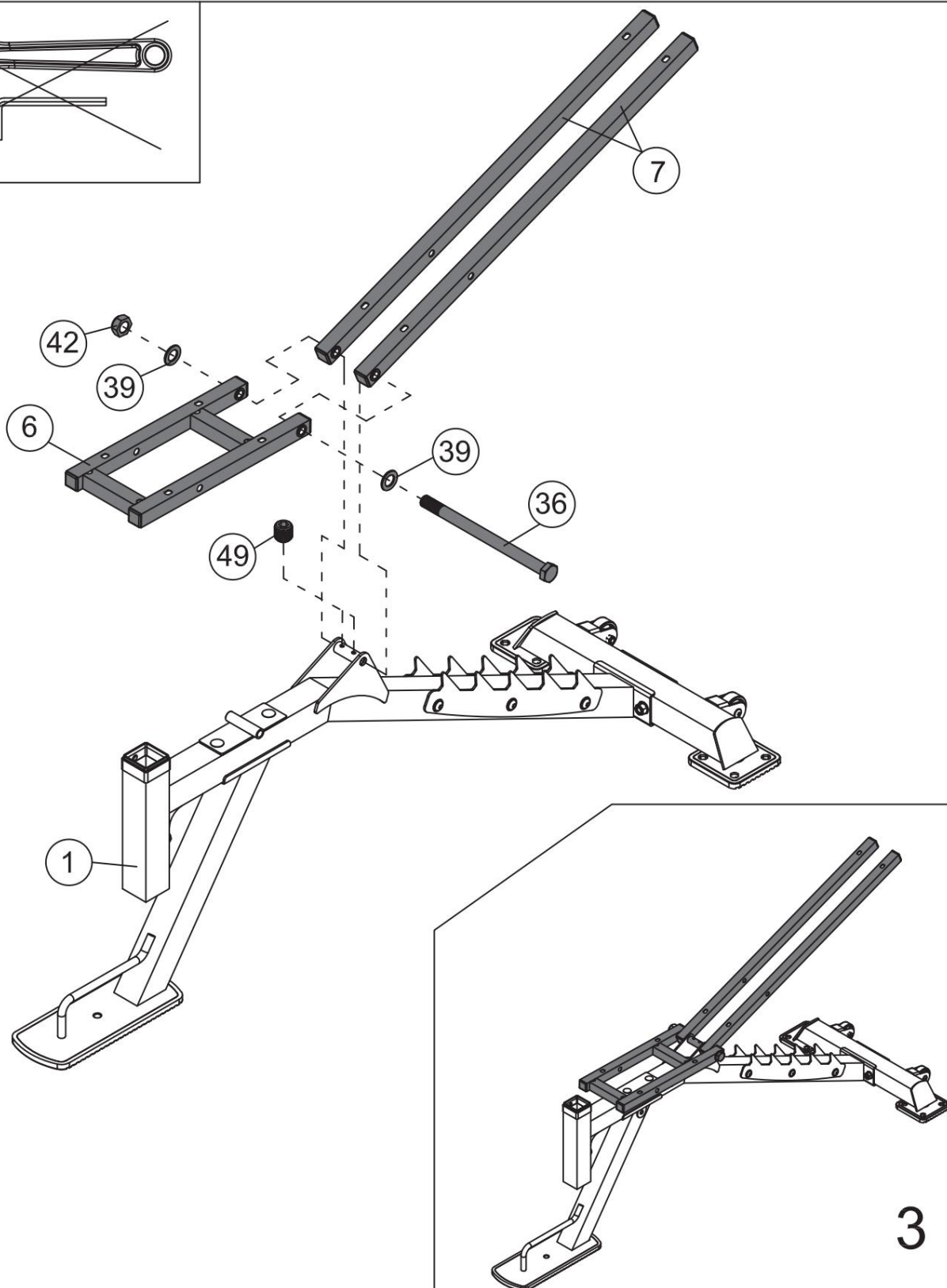
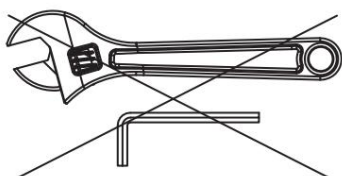
43   x3

M10



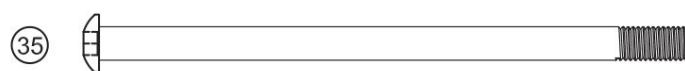
2

- (36)  ×1 M12×195 mm
 (39)  ×2 ý24×ý13,5 (42)   ×1 M12
 (49)   ×2 M6×6 mm





×1 M10×125 mm



×1 M10×185 mm



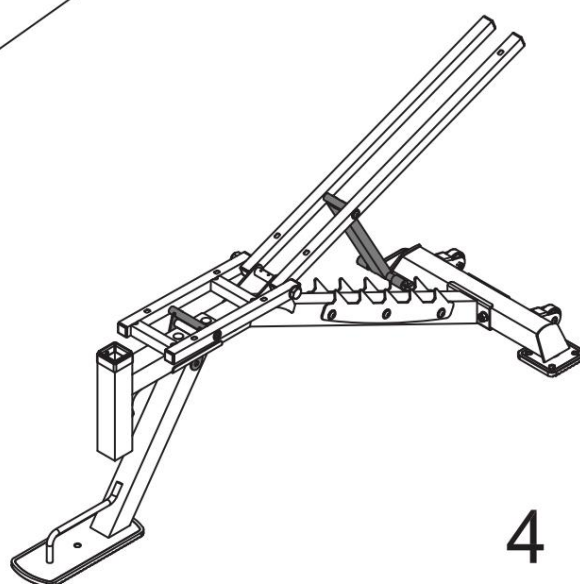
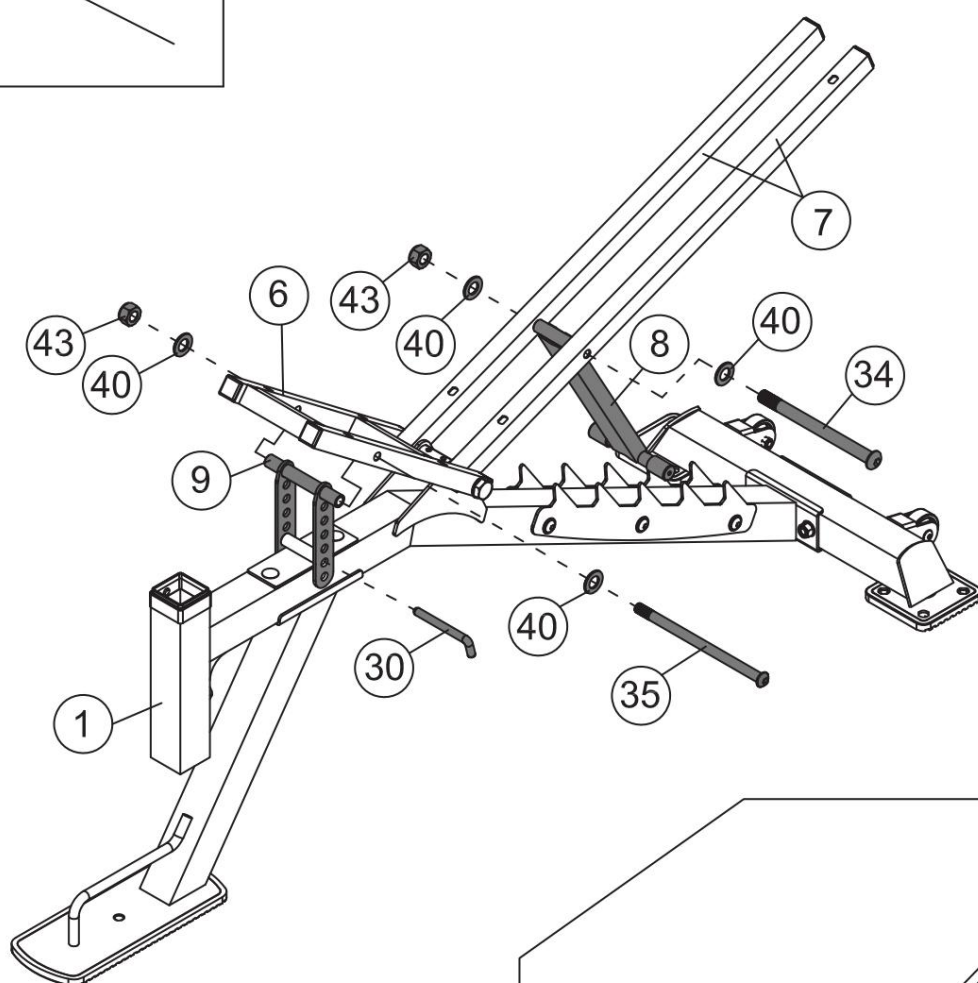
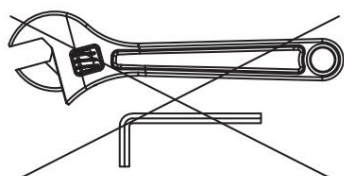
×4

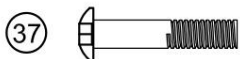
ø20×ø10,5



×2

M10





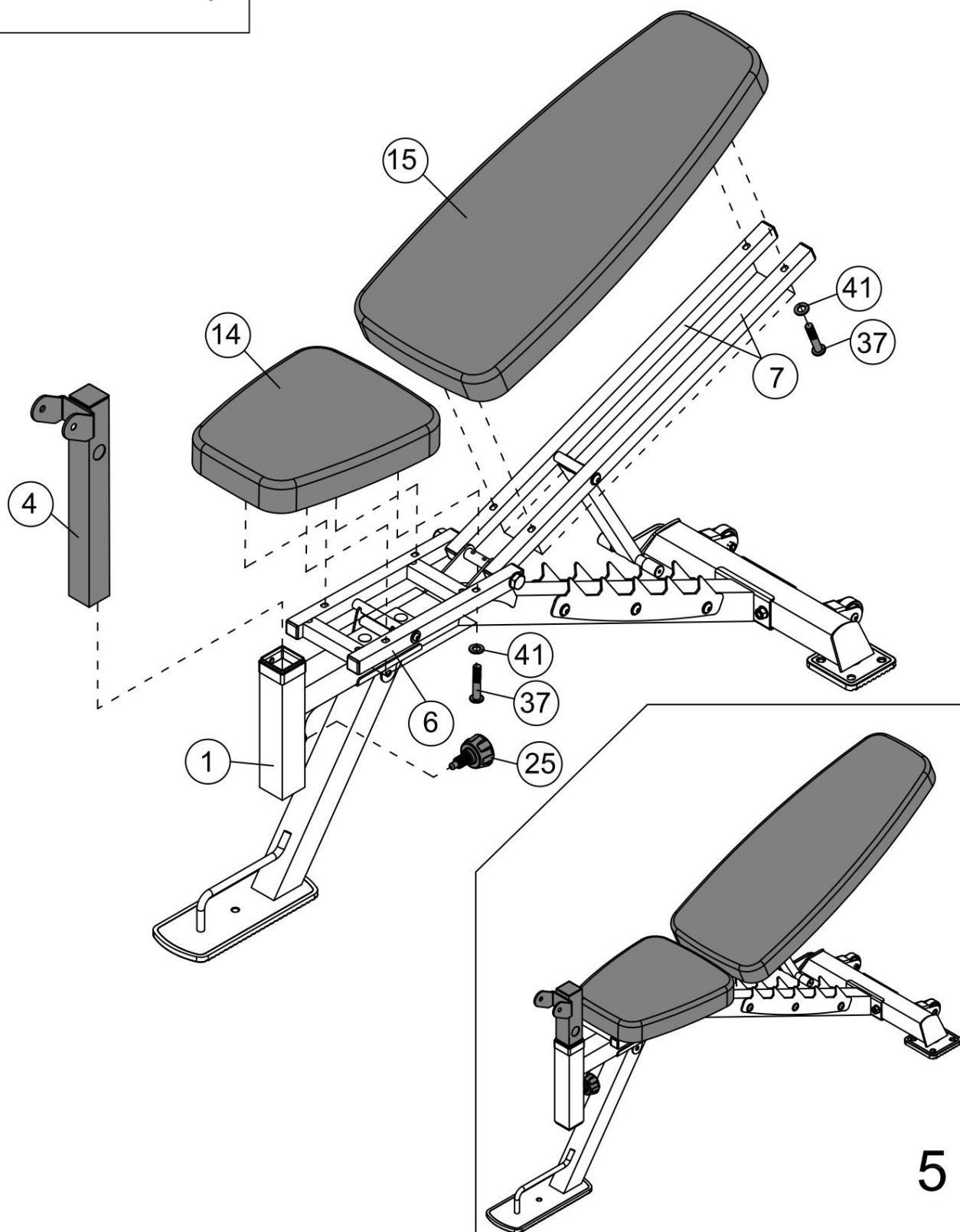
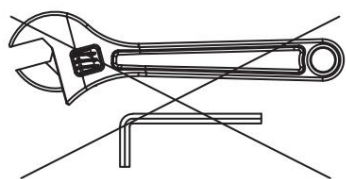
×8

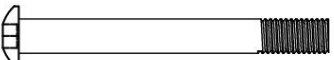
M8×40 mm



×8

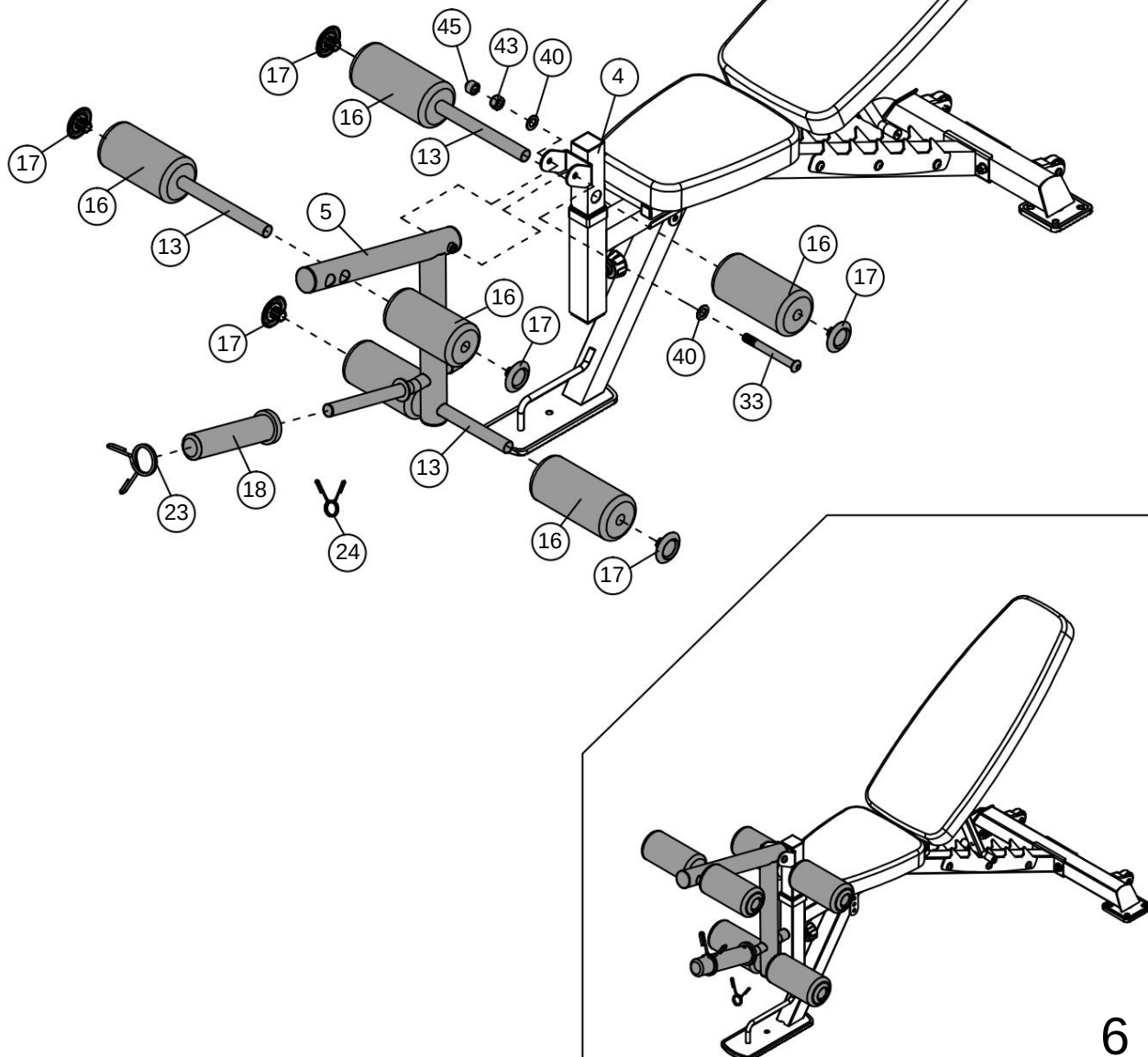
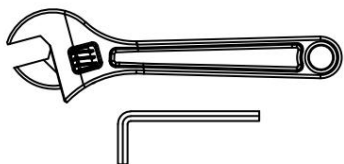
ϕ16×ϕ8,4

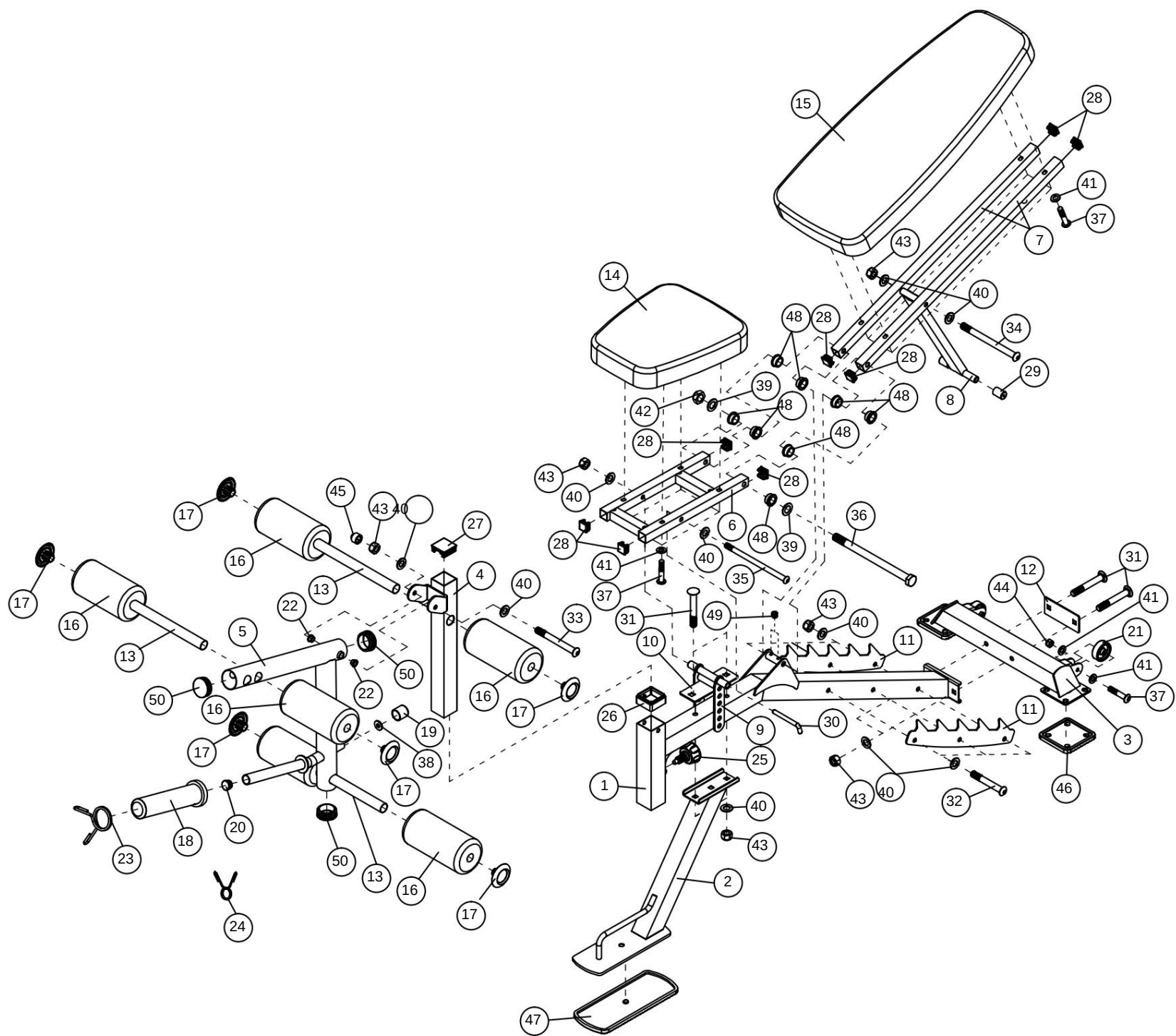


33  ×1 M10×90 mm

40  ×2 $\varnothing 20 \times \varnothing 10,5$

43   ×1 M10



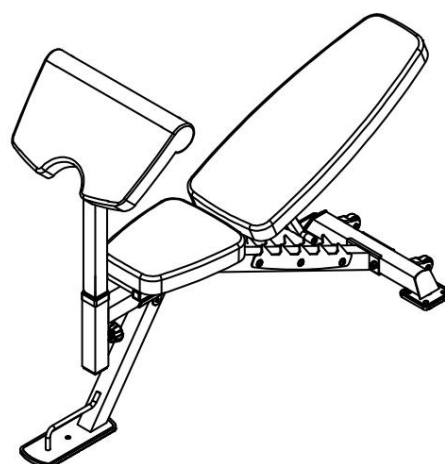
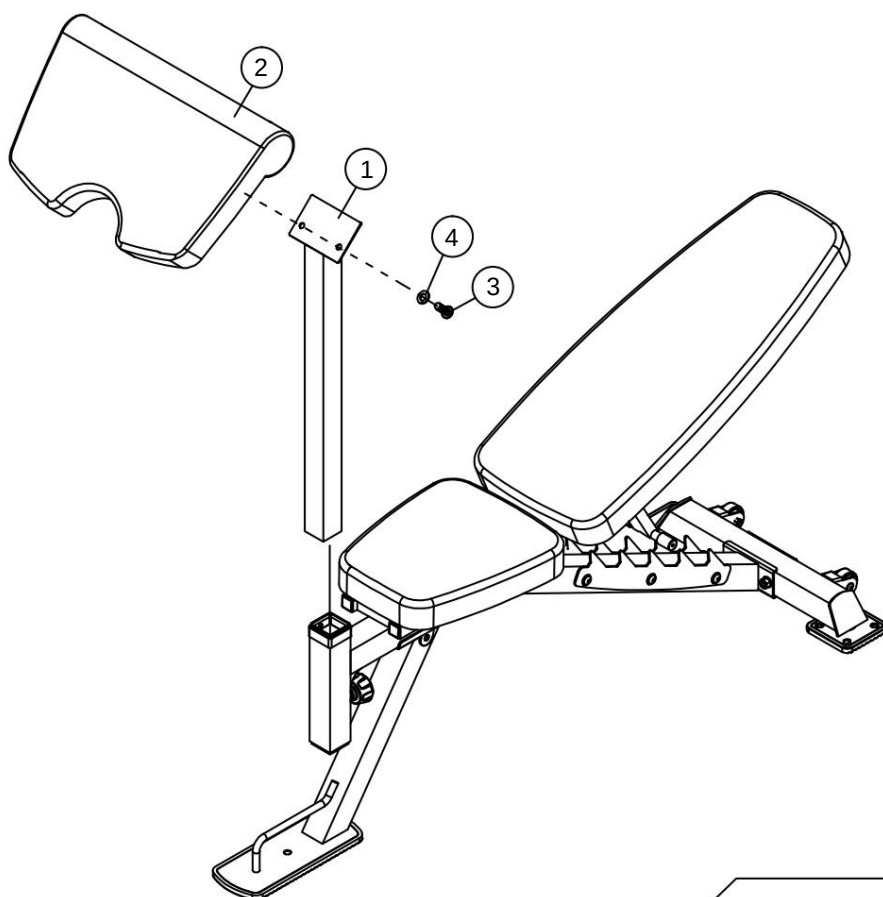
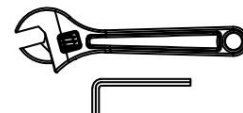


DELELISTE

PARTI INGEN.	BESKRIVELSE	STØRRELSE	MÆNGDE
1	Hovedramme		1
2	Forpost		1
3	Bageste base		1
4	Holder til benudviklere		1
5	Benudvikler		1
6	Sædebeslag		1
7	Rygstøtte		2
8	Rygstøtte med hældning		1
9	Sædehædningsstøtte		1
10	Forreste stolpebeslag		1
11	Hædningsjusteringsbase		2
12	Beslag	120×50×3	1
13	Skumrør		3
14	Sædepude		1
15	Ryglænsbræt		1
16	Skumrulle		6
17	Endekappe til skumrulle		6
18	Olympisk ærme		1
19	Gummi-kofanger	Ø30×Ø25×30	1
20	Endekappe	Ø25	1
21	Rullehjul		2
22	Benudviklerbøsning		2
23	Fjederklemme	Ø 49	1
24	Fjederklemme	Ø 24,5	1
25	Låseknop	M18	1
26	Ærme	ÿ50×ÿ45	1
27	Endekappe	ÿ45	1
28	Endekappe	ÿ25	8
29	Gummi-kofanger	Ø 20×16×29	2
30	L-formet låsestift		1
31	Vognbolt	M10×70	4
32	Allen Bolt	M10×70	3
33	Allen Bolt	M10×90	1
34	Allen Bolt	M10×125	1
35	Allen Bolt	M10×185	1
36	Sekskantbolt	M12×195	1
37	Allen Bolt	M8×40	10

38	Afstandsstykke	Ø 25× Ø 11	1
39	Skive	Ø 24×13,5	2
40	Skive	Ø20×Ø10,5	16
41	Skive	Ø16×Ø8,4	12
42	Flymøtrik	M12	1
43	Flymøtrik	M10	10
44	Flymøtrik	M8	2
45	Boltdæksel	M10	1
46	Gummifødder		2
47	Gummifødder		1
48	Bøsning		8
49	Sætskrue	M6×6	2
50	Endekappe	Ø50	3
	Unbrakonøgle	6#	1
	Unbrakonøgle	5#	1
	Unbrakonøgle	4#	1
	Unbrakonøgle	3#	1

- ③  ×2 M8 x 1 5/8"
- ④  ×2 Ø 5/8"



DELELISTE

[illegible]



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